



COMPETITIVE OUTCOMES

TRAIN THE TRAINER SEMINAR

SYLLABUS & CURRICULUM

A. COURSE DESCRIPTION

- This seminar focuses on the theory, organization, and instruction of a successful drill team program, stressing safety and leadership at all levels of training.

B. ORGANIZATION

- Participants will be exposed to course topics in several different formats of traditional classroom learning coupled with both hands-on-training and audio/visual aids. The majority of learning will be highly interactive! This is not a 'death by PowerPoint' lector series. Training encompasses two, nine hour training days.
This is a total of 18 contact hours of training.

C. SEMINAR OBJECTIVE

- This Train-the-Trainer Seminar aims to introduce participants to many different styles, techniques, and training methods used by championship programs from around the world. The overall goal of the seminar is to make you a better drill team coach. All lessons will be geared to the different obstacles a program might be facing. Topics cover a wide range of obstacles that include but are not limited to funding and demographics to retention and community support.

D. COURSE INSTRUCTORS

- Our course instructors have an impressive list of drill team training credentials that support their evolving processes and professional practices. Our instructors have coached national championship teams, high profile drill teams, elite JROTC units, and have introduced the art of drill to thousands of units around the world, including the United States Army Drill Team (The Old Guard). All of our instructors base their opinions and champion techniques off of real-life, tangible experiences that resonate in our company's visionary design. Our instructors have made the errors, observed the setbacks and successes of many different approaches and are now in a position to provide you a one of a kind viewpoint to help you dominate at local, state, national, and world level competitions.

A. SEMINAR TOPICS

CHAMPIONSHIP DRILL TEAM DYNAMICS

- What makes a drill team a champion? This course is designed to break down drill team success and outline the strategies and techniques that have consistently given different teams from around the nation the opportunity to call themselves a National Champion. Foundations, traditions, dedication, team work, recruiting, retention, and esprit de corps, & fundraising will be the hallmarks of the kick off course to the Train the Trainer Seminar.

WHAT ARE THE JUDGES LOOKING FOR?

- Over the years, our vast experience with local and national competitions has shown us that there is certainly a method to the madness! This course encompasses years of trial & error mixed with judge's opinions and Nationals' Judges briefing notes to show you how to gain the largest amount of points possible in any drill competition. These briefing notes paired with detailed psychological studies will help implement a winning strategy.

REGULATION DRILL ANALYSIS

- This class will explore the Regulation drill portion of drill competitions and break down the differences in each service manual and more importantly, will further analyze the items within the manuals and within the minds of judges. The course will also introduce mastered tips, tricks, and recommendations that will help elevate your team's ability to receive a higher score.

INSPECTION STRATEGY & EXECUTION | UNIFORM PREP, HYGIENE & HAIR

- Above all other drill events, inspection is the biggest game of preparation and strategy at a meet. Years of video analysis and judge's opinions have provided an almost second by second break down of how to win inspection at every level all the way through Nationals.

FUNDRAISING AND BOOSTER CLUBS

- Instructors will gain knowledge on the many different ways in which your parents, sponsors and volunteers can contribute to the success of the JROTC program. This class will cover creating and maintaining the booster club and all of its aspects from fundraising and budgeting to recruitment and scheduling.

COACHING, PRACTICING STRUCTURE AND PHYSICAL FITNESS

- Whether on the drill pad or the classroom, all coaches use similar tenets and tools to help others excel. Coaches might implement these tools in different ways, but the common factors present in most coaching relationships can have lasting effects on cadet performance, as well as on your own. This class will focus on organizing a structured practice plan that allows you to cover the most effective amount of material in your allotted time.

COMPETITION & TRAVEL PREPARATION

- It is no secret that the key to a successful performance is preparation. Whether your upcoming competition is across the country or across the road, cadets and instructors must prepare financially, physically and mentally for these trips. This course will dive into the seemingly endless routes for competition readiness and travel methods used by the nation's largest and smallest units.

NATIONALS PREPARATION & STRATEGY

- Success at any competitive event including The Nationals requires preparation, strategy, and knowledge. This course will breakdown the components that make up The Nationals event and will further explain how the preparation, strategy and knowledge play an important role in your team competing effectively.

DRILL SAFETY & RIFLE SET UP

- Safety goes almost without saying is the single most important factor in the day-to-day operations of a drill team, regardless of competition level. Techniques and common mistakes will be laid out and shown in detail by our professional staff. Rifle set up will stand to give attendees solid tips and tricks to maintain performance safety and enhance the durability of the weapons.

EXHIBITION ROUTINE DESIGN & TECHNIQUES

- Designing exhibition routines has always been a daunting task, our goal is to make it into an engaging and enjoyable experience. In this course, instructors will be given the directives of what a good routine consists of and what a GREAT routine consists of. Having the know-how of creating an exhibition routine will spark numerous ideas in which the instructor can utilize with their cadets. This course will benefit the instructors that are very hands on in creating a routine and those instructors who may not have hands on experience. In either case, everyone will learn to develop an idea from inception to execution.

ARMED EXHIBITION

- This course will consist of many different topics pertaining to the Armed Exhibition category of a drill competition. Topics such as movement variety, mixed team dynamics, and overall routine mechanics are the prevalent points. Additionally, this class will cover a plethora of specialized training tactics that are essential to excellent routine execution.

UNARMED EXHIBITION

- This course will consist of many different topics pertaining to the Unarmed Exhibition category of a drill competition. This course will consist of identifying the differences in the MANY styles present in today's unarmed exhibition. Topics such as entertaining the judge, uniform choice, and drill formations will be a few of the subjects covered in this course. Some of the best practices shared in this course, like repetition training and ways to engage the audience as an attention grabber, are some of the techniques that can easily be used to develop an armed exhibition routine.

COLOR GUARD ANALYSIS

- Our staff is often responsible for briefing the judges on what to look for in categories such as color guard drill; topics identified in this course would comprise of team unity, team synchronization, team member make-up, and uniform choice, just to name a few. Also, because the color guard drill competition tends to be judged with a very subjective eye, it is important that instructors walk away from this course knowing what the judges are looking for in regards to overall impression and also understand that the performing team is adhering to movements specified in the drill manual the unit is reporting under.

CASE/UNCASE ANALYSIS & STRATEGY

- In this course, much like the color guard drill course, instructors will walk away with a better understanding of what the purpose of case and uncase is in a drill competition. It is often utilized as a challenge to those teams wanting to separate themselves in the overall color guard drill category. Instructors will also have the ability to absorb the different techniques of executing case and uncase and taking the best option for their cadets' abilities, back to his/her organization. The importance of equipment condition and equipment variety will be discussed in detail. Topics such as drill cues, overall impression, and scoring insight, will help instructors develop their current color guards teams.

TEAM BUILDING & MOTIVATION

- Maintaining motivation continues to be a prevalent issue for not only struggling units and teams, but also our nation's larger, more developed JROTC units. In this course, instructors will be given the opportunity to learn ways of keeping their drill team programs engaged and motivated. This course can and will spark a new wave of thinking in regard to building team traditions, initiating team centered activities, maintaining a supportive environment, and identifying gaps in the current actions being taken to keep cadets in the program. Coincidentally, the innovative themes taught in this course will transfer outside of the drill team program and can benefit the overall JROTC unit as a whole.